

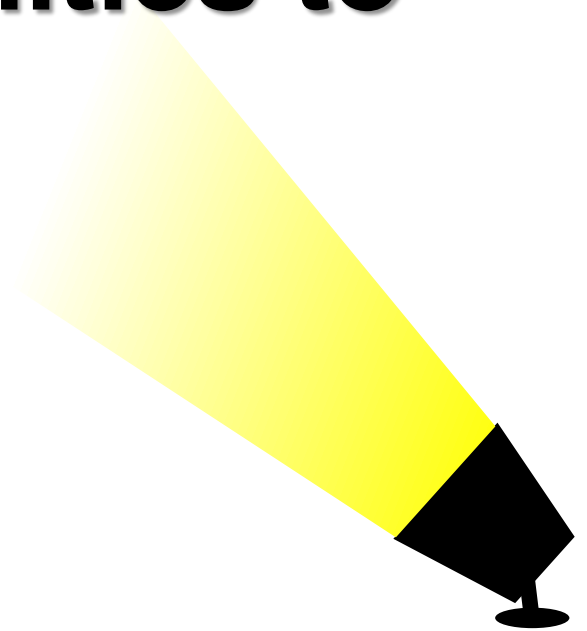
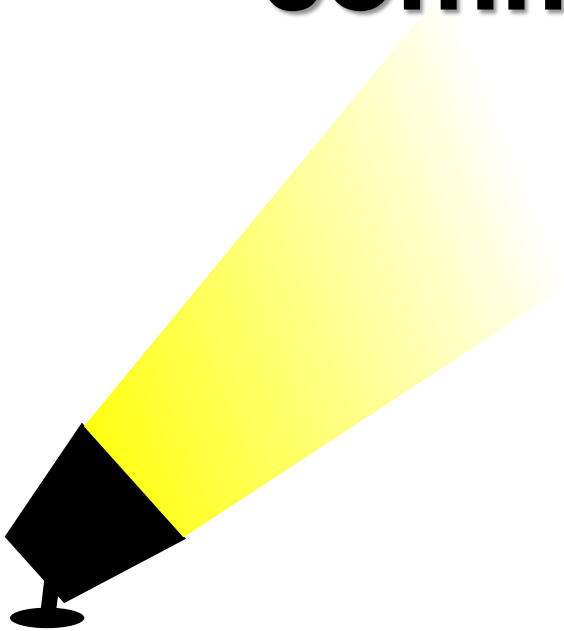


Welcome

2023 ANNUAL MEETING

OUR VISION

**Offer those in the Parkinson's
community opportunities to
stay active.**



OUR MISSION

- **Raise community awareness**
- **Offer information**
- **Encourage friendships among people with Parkinson's & their families**
- **Encourage members to stay**

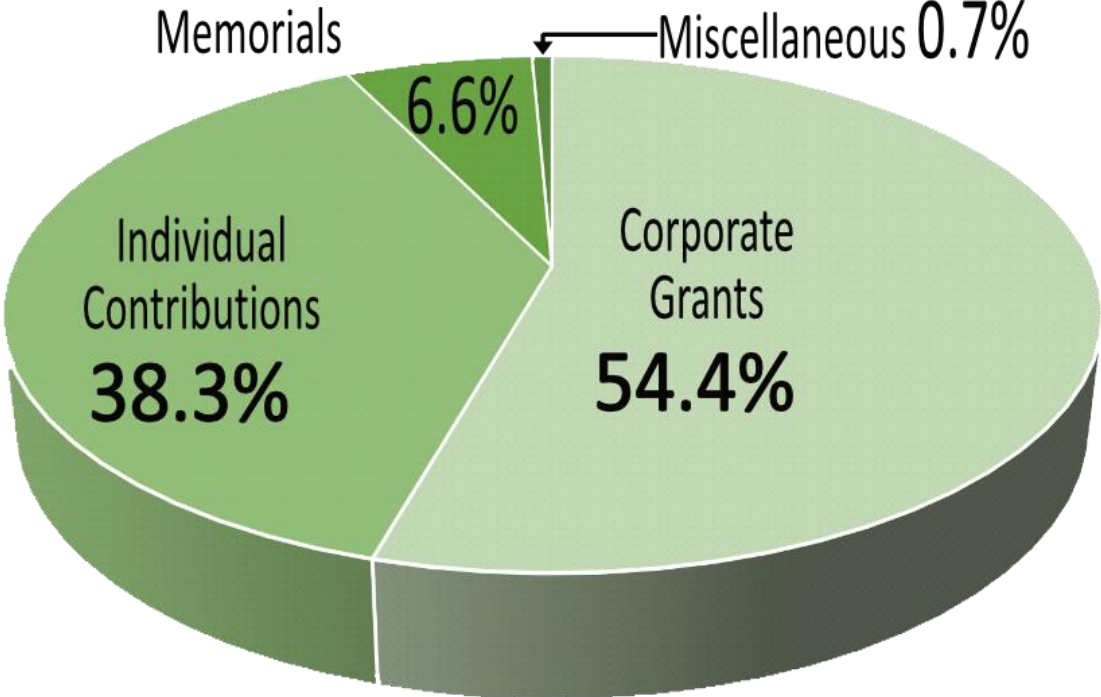
Give Parkinson's the SAC[®]

Mentally S Stimulated

Physically A Active

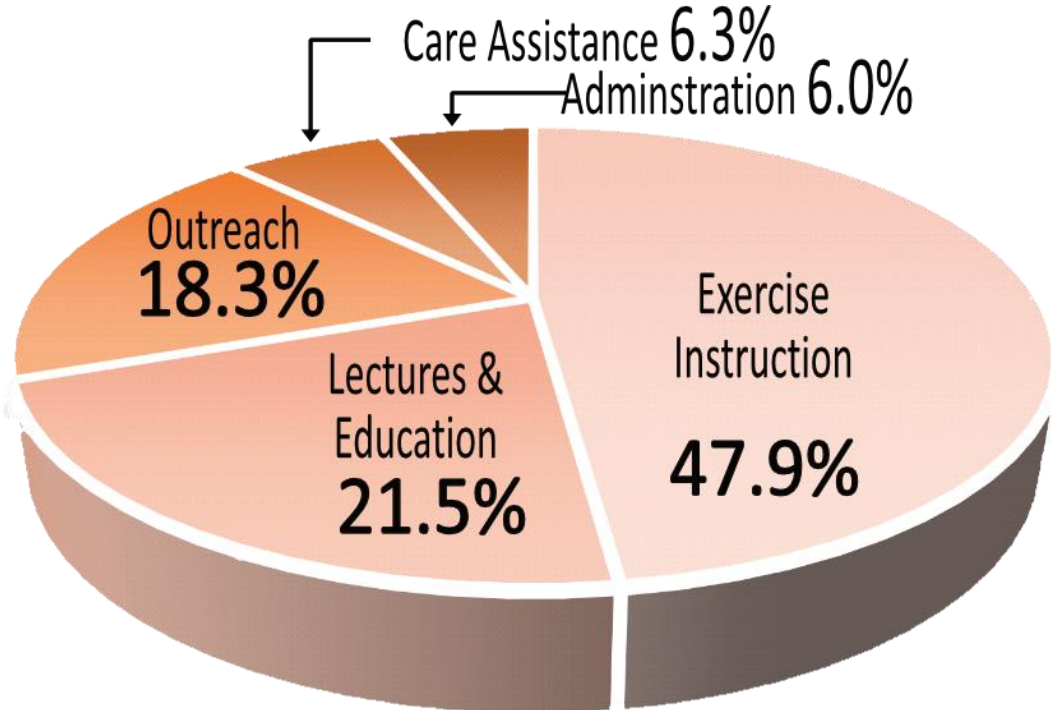
Socially C Connected

OUR FINANCES



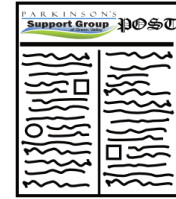
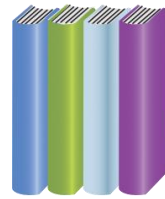
Income

Expenses



OUR PROGRAMS

Mentally Stimulated



Physically Active



Socially Connected



2023+

Our plans for more to come!!

P A R K I N S O N ' S

Support Group

of Green Valley

“The REMINDER” - circa 2002

PRUNE DELIGHT

“One of the problems Parkinsonians develop is constipation....” Mary Jane writes, And “After trying to find a good solution to this problem, I sought the advise of Ole Mother Hubbard who went to her cupboard and sound this sure-fire solution.”

Warm ½ cup prune juice.
Add 2 tablespoons butter.
Melt butter to drinking temperature.

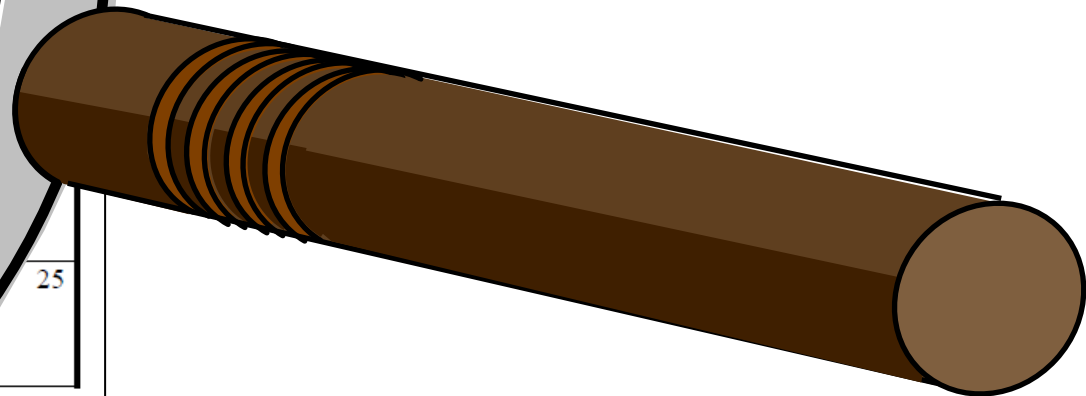
CONSUME WITH GUSTO.

(Only attempt when near facilities)

Friday	3
General Meeting East Center 1PM	
10	
Exercise Class 9AM	
17	
Exercise Class 9AM	
25	

26 | 27 | 28

Please note...
There will be no classes...
6th 2002





Thank You!...Questions

2023 ANNUAL MEETING